

**HOWELL GRAVES PRESCHOOL  
FEBRUARY 2010**

Lunch prices: \$1.75 daily, reduced lunch .40, teachers \$2.25, visitors \$3.25

Breakfast prices: \$1.00 students, reduced bkft \$0.30, teachers \$1.10

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2/1 <b>MAC AND CHEESE</b> TURKEY CUP GREEN PEAS HOMEMADE ROLL CHOICE OF MILK CHILLED PEACHES	2/2 <b>FISH NUGGETS</b> BLACK EYE PEAS HUSHPUPIES BAKED APPLES CHOICE OF MILK	2/3 <b>CHICKEN NOODLE SOUP</b> TOASTED CHEESE SANDWICH BABY CARROTS W/ DIP CHOICE OF MILK SLICED ORANGE	2/4 <b>SPAGHETT W/ MEAT SAUCE</b> TOSSED SALAD GREEN BEANS TEXAS TOAST CHOICE OF MILK	2/5 <b>HOT DOG</b> FRENCH FRIES BAKED BEANS CHOICE OF MILK SHERBET
2/8 <b>PIZZA</b> YELLOW CORN BABY CARROTS W/ DIP CHOICE OF MILK BROWNIE  <b>SACK LUNCH – FIELD TRIP</b> SUNBUTTER & JELLY SANDWICH FRESH FRUIT BAKED CHIPS JUICE & MILK COOKIE	2/9 <b>HOT HAM &amp; CHEESE SANDWICH</b> BAKED TOTS SLICED ORANGE CHOICE OF MILK COOKIE  <b>SACK LUNCH – FIELD TRIP</b> SUNBUTTER & JELLY SANDWICH FRESH FRUIT BAKED CHIPS JUICE & MILK COOKIE	2/10 <b>HAMBURGER</b> BAKED CHIPS VEGGIE STICKS CHOICE OF MILK BANANA HALF  <b>SACK LUNCH – FIELD TRIP</b> SUNBUTTER & JELLY SANDWICH FRESH FRUIT BAKED CHIPS JUICE & MILK COOKIE	2/11 <b>CHICKEN NUGGETS</b> CREAMED POTATOES GREEN PEAS HOMEMADE ROLL CHOICE OF MILK MIXED FRUIT	2/12 <b>No School Today</b>  <b>Teacher Professional Development</b>
2/15 <b>CORN DOG</b> FRENCH FRIES SLICED ORANGES CHOICE OF MILK JELLO	2/16 <b>CHEESY BREAD STICKS</b> W/ <b>MARINARA SAUCE</b> TOSSED SALAD MIXED FRUIT CHOICE OF MILK BANANA MUFFIN	2/17 <b>CHICKEN FILET</b> CREAMED POTATOES GREEN BEANS HOMEMADE ROLL CHOICE OF MILK	2/18 <b>HAMBURGER</b> POTATO TOTS LETTUCE & TOMATO CHOICE OF MILK SLICED APPLE	2/19 <b>No School Today</b>  <b>Spring Holiday</b>
2/22 <b>GRILLED CHICKEN PATTY</b> W/ <b>CATSUP</b> CHICKEN FLV RICE GREEN PEAS HOMEMADE ROLL CHOICE OF MILK SHERBET	2/23 <b>NACHO SUPREME</b> W/ <b>MEAT &amp; CHEESE</b> LETTUCE & TOMATO MEXICAN RICE CHOICE OF MILK PINEAPPLE	2/24 <b>TURKEY &amp; CHEESE SANDWICH</b> FRENCH FRIES BABY CARROTS W/ DIP CHOICE OF MILK PUDDING	2/25 <b>HOT DOG</b> BAKED TOTS ROSY APPLESAUCE CHOICE OF MILK BROWNIE	2/26 <b>PIZZA</b> YELLOW CORN TOSSED SALAD CHOICE OF MILK SUNBUTTER CUP

**OFFER vs. SERVE: Students are offered all items unless requested otherwise.  
This institution is an equal opportunity provider.**

*For Food & Fitness Tips for Healthy Children –go to*

[http://www.msos.k12.al.us/lunch\\_menus/nutrition\\_nuggets.htm](http://www.msos.k12.al.us/lunch_menus/nutrition_nuggets.htm)